REFLECTIONS
The Fountains at Cedar Parke

November, 2017
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New Activities

The Gratitude Game: At the time of year we can find ourselves pulled in so many directions. The gratitude game is not for the weak of heart. It involves looking at what you have and being thankful for it.

Thankful Rock’s: Are a visual reminder to be grateful for what we have instead of focusing our attention on what we don’t have.

I am Thankful for Poster: There are so many thing’s to be thankful for this season. Come express what your thankful for by writing it down on a poster amongst all your fellow residents.

College Making with Mod Podge: We are each going to create a college of thing’s we are thankful for in our life. Mod Podge is a form of Decoupage. Decoupage is the art of decorating an object by gluing colored paper cutouts together.

Candy Corn Stacking Game: Legend has it that Candy Corn is named such because when you stack it up just right, it look’s like an ear of corn.

Right, Left, Eat: After passing the candy, pass the dice to the person on the right and they roll. Continue passing the dice around the circle letting people roll, passing or eating the candy until only one person is left with the candy. That person wins the game and a small price.
Monthly Event’s

Wednesday November 1st: 2:30pm Performer Ann Michal

Wednesday November 1st: 6:30pm Bobbing for Apples

Thursday November 2nd: 9:30am-3pm Fashions on the go (This will be held in the Clubhouse)

Friday November 3rd: 11:00am Maple Leaf Mason Jar Craft

Friday November 3rd: 2:00pm Performer Jim Corenti

Sunday November 5th: 10:30am Yoga with Bridgette

Monday November 6th: 11:00am Let’s get Physical Class

Tuesday November 7th: Election Day! Voting is from 6am-8pm (Check the calendar for all activity locations)

Wednesday November 8th: 2:30pm Ballroom Dancing

Wednesday November 8th: 6:30pm Philly Senior Stage will be performing Cheer’s to the Ladies

Thursday November 9th: 2:00pm Horse Racing

Thursday November 9th: 6:30pm Performer Mark Dezii & Hank
**Friday November 10th**: 2pm Painting with Jazzy Jen

**Saturday November 11th**: 6:30pm Performer Rich LaLena

**Monday November 13th**: 12:00pm November Birthday Party

**Tuesday November 14th**: 11:00am Pilgrim Hat Cookie Craft

**Tuesday November 14th**: 2:00pm The Budesa Brothers

**Wednesday November 15th**: 2:30pm A Very Avon Christmas- Come see the wide array of Christmas present ideas for family and friends with Ruth McNulty

**Wednesday November 15th**: 7:00pm South Jersey Ballet will be here to perform for us

**Thursday November 16th**: 6:30pm .25Cent Pokeno

**Friday November 17th**: 11:00am Rice Krispy Treat Turkey’s

**Friday November 17th**: 2:30pm Crafts with Felecia

**Saturday November 18th**: 6:30pm Mark Dezii
Monday November 20th: 11:00am Tai Chi Stretch

Tuesday November 21st: 6:30pm Pie Eating Contest

Thursday November 23rd: HAPPY THANKSGIVING

We will be playing a movie at 6:30pm for all those spending Thanksgiving Night here at home!

Friday November 24th: 2:00pm Ballroom Dancing

Saturday November 26th: 10:30am Yoga with Bridgette

Monday November 27th: 11:00am Movement and Motivation

Monday November 27th: 12pm Visit with Rosebud the Therapy Chicken

Monday November 27th: 2:00pm Blood Drive

The Blood Drive will be held in Auditorium A & B

Bingo will be held in Auditorium C

Wednesday November 29th: 2:30pm Chair Rubs and Sugar Scrubs- You will be making your own Sugar Scrub

Thursday November 30th: 2:00pm Horticultural

Thursday November 30th: 6:30pm Horse Racing
Meet Rosebud, The Therapy Chicken

We’ve all heard about therapy dogs, cats, and even horses! But, have you heard of a therapy chicken? Don’t miss this opportunity to meet the one and only Rosebud also know as Rosie. She is not your ordinary chicken, she is a therapy Chicken. She wears diapers, frequently gets pedicures, and brings comfort to people in schools, nursing homes, and rehab centers.
“November is the month to remind us to be thankful for the many positive things happening in our life!”

With that being said..

Dear Resident's,

I want to thank each and everyone of you for bringing so much happiness into my life. Each one of you has touched my heart in a different way. I have a lot to be thankful for in my life, but most of all I am thankful for all of you. It’s because of you all I love my job, and will forever be grateful.

Love Always, Jenna
Thanksgiving

Thanksgiving is anticipation.. The excitement of wonderful aromas, golden, harvest-themed décor,

The best linens, china and silver.

Thanksgiving is.. Platters of special thanksgiving foods Prepared only once a year,

mmn..mmn.. Mouth watering,

Ecstatic taste buds quivering with joy.

Thanksgiving is..

The family all around the table,

Clean, dressed, smiles all around,

Recitation of what we are thankful for,

The saying of grace, Our special Thanksgiving prayer

And now, finally, dig in!

We are thinking of you at Thanksgiving, and hoping your Thanksgiving experience will be surrounded by a special glow in your memory!
The Best on Earth

Veterans

If someone has done military service, they earn the title “Veteran,” and more; they earn our deep respect and admiration; that they are special no one can ignore.

They sacrificed the comforts we enjoy; the list is long of all the things they gave. Our veterans are extraordinary people; They’re loyal, dedicated, true and brave.

When terror and invasion were real threats, they showed us they could handle any storm. We owe our freedoms and our lives to our veterans, who served in uniform.

Our veterans should be celebrities; they’re exceptional; no other group compares. We’re grateful for the many things they’ve done; they’re always in our hearts and in our prayers.

We owe our veterans support and friendship; Let no one ever question what they’re worth. These men and women served us and our country.

Our veterans...

The very best on earth.
**Holiday Humor**

*Where do Turkey’s go to dance?* The Butter Ball

*Why didn’t the Pilgrim's tell secrets in the corn field?* Because the corn had ears.

*What kind of music did the Pilgrim’s like?* Plymouth Rock

*What key has legs and can’t open the door?* Turkey

*Why did the police arrest the turkey?* They said they suspected it of foul play

*What’s blue and covered with feathers?* A turkey holding it’s breathe

*What did the turkey say to the turkey hunter?* Quack, Quack, Quack

*Who is not hungry on Thanksgiving?* The Turkey because he is already stuffed

*Why did the farmer run a steamroller over his potato field on Thanksgiving Day?* He wanted to raise mashed potatoes.

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*Q: What is the most musical part of a turkey? A: The Drumsticks.*
**Transportation Schedule**

**Weekly Bus Trips**
(These trips are consecutive each week, unless noted otherwise)

Please Note: Bus trips will not run if less than 4 residents are signed up. (Please be up at the clubhouse 5 minutes before scheduled time)

- **Mondays:**
  10am Shop-Rite

- **Wednesdays:**
  10am Bank, Post-Office & Rite Aid

- **Thursdays:**
  10am Walmart

- **Saturdays:**
  10am Shop-Rite/Dollar Store

- **Sundays:**
  9am Local Church drop offs

**Monthly Add-on Trips**

Note: Please make sure to sign up!

- **Friday November 3rd**
  10am Amish Mart

- **Tuesday November 7th**
  9:30am AC Casino Trip
  5pm Dinner Outing (Marcello’s Hammonton)

- **Friday November 10th**
  10am Berlin Mart

- **Friday November 17th**
  10am Boscov’s Mall Trip

- **Friday October 24th**
  10am

- **Tuesday October 28th**
  10am Boscov’s Mall Trip

Don’t Forget Your Thanksgiving Pie From The Local Marts
Community Services

Cafe:
- Open Monday-Saturday 7:30am-3pm
- Open Sunday 3pm-6pm
- Phone Extension 7229

Dining Room:
- Open Monday-Saturday 4pm-5:30pm
- No assigned seating
- Please sit at a cleaned, reset table only
- To reserve seating for outside guests call 7228
- Monday-Saturday Room tray orders call 7228 by 3pm
- Sunday Room tray orders call 7228 by 10am

Daily Menu:
- Call 8400

Sunday Meal and Holidays:
- Open seating 11:30am-1:30pm

The Fountains Salon
(Beauty & Barber Services):
- By Appointment Only
- Call 856-809-7230

Rehab
- Tuesday & Thursday Personal Training Sessions 1-2:30PM
- Sign-up sheets outside ILF Gym

Daily Activities:
- Tune in to channel 1970
Happy Birthday to all our Resident’s born in November!

Nov.2: Florence Gerst
Nov.4: Dolores Stephen
Nov.6: Joseph Contino
Nov.12: Eileen Shields
Nov.14: Olga Dambly
Nov.18: Joan Storey
Nov.22: Dorothy Ott
Nov.23: Ronald Smialowicz
Nov.24: Howard Apgar
Nov.24: Charles Everett
Nov.24: Charles Reichmann
Nov.26: Mary Fisher
Nov.27: Thomas Deeney
Nov.27: Gladys Starnes
Nov.28: Catherine Schafer
Nov.29: Jacqueline Medzie
Nov.29: Irene Walter

Happy Birthday to all our Resident’s born in November!
Life is fragile... handle with Prayer

Nov.1: Rev. Greg Faulkner-Trinity Presbyterian Church (Cherry Hill)
Nov.8: Dr. Robert Costello-Haddonfield United Methodist Church
Nov.15: Dr. William McElwee-Haddonfield United Methodist Church
Nov.22: Rev. Henry Jasmane-All Souls Anglican Church
Nov.29: Ben Green-St. Paul’s Presbyterian Church

In Gratitude

Thank you, Father, for having created us and given us to each other in human family. Thank you for being with us in all our joys and sorrows, for your comfort in our sadness, your companionship in our loneliness. Thank you for yesterday, today, tomorrow and for the whole of our lives. Thank you for friends, for health and for grace. May we live this and every day conscious of all that has been given to us.
HAPPY THANKSGIVING WORD SEARCH

See how many of these words you can find in the puzzle. The words can be forward, backward or diagonal.

1. THANKSGIVING  5. THANKFUL  9. STUFFING  13. PUMPKIN
2. HOLIDAY       6. FOOD       10. SALAD     14. PIE
3. FAMILY        7. TURKEY     11. BREAD     15. VEGETABLES
4. FRIENDS       8. POTATOES   12. YAM       16. HAM
Thanksgiving Word Search

THANKFUL           GOBBLE-GOBBLE           FALL
BLESSING           TURKEY                PILGRIM
FAMILY             DRESSING              INDIAN
FRIENDS            CRANBERRY             FEAST
LOVE               YAMS                  FOOTBALL
HOPE               PIE                   PARADE

MORE FUN: USE THE REST OF THE LETTERS IN THE ORDER THEY APPEAR, TO FIND THE ANSWER.

WHAT’S BLUE AND COVERED WITH FEATHERS?

___       _______       ___ ! ☺
Thanksgiving

Gather family

Thankful grateful

Blessed together

Blessings November